**Health Professional’s Referral Form to the Cardiac Exercise Club**

|  |  |
| --- | --- |
| **Patient Details** |  |
| Fore names…………………………………………………Family Name…………………………………………………….. |

 Address…………………………………………………………………………………………………………………………………..

 .…………………………………………………………………………………………Post Code…………………………………..

 D O B…………………………………. Telephone Number………………………………………………………………..

Email address…………………………………………………………………………………………………………………………

 Next of Kin…………………………………………………………. Tel Number……………………………………………

 **Type of Referral (Please ring/highlight)**

Cardiac/ Cancer/ Diabetes/ Hypertension/Mental Health/Fall Prevention/Osteoporosis

High BMI/Pulmonary (COPD)

Other type of referral (please specify here) …………………………………………………………………………………..

**Details of Condition**

**Key Medical History**

|  |
| --- |
| **Medications** |
| **Physical Limitation and Exercise Recommendations** |
| **Any Social Considerations** |
| **Additional Notes** |

**REFERRER DETAILS**

**NAME:…………………………………………………………….. POSITION……………………………………………………………………………….**

**Address………………………………………………………………………………………………………………………………………………………………………**

**Contact Details: Date:**

**Signature: ……………………………………………………………………………………………..**

**PATIENT AGREEMENT**

I acknowledge that I have read the Club Notes\* on exercise sessions and as a member of The Cardiac Exercise Club @ SW19, I accept that the obligations of the Club and the Committee extend only to the provision of facilities and a qualified trainer. I further agree to the following: Should I suffer from any adverse medical condition or have an accident whilst taking part in any Club activity, I understand and accept that neither the Club, any member of the Club, the Committee, any Trainer, nor anyone connected with the Club, shall be held liable in any way.

\*Documents available on website ([www.cxc.org.uk](http://www.cxc.org.uk)).

I also give consent for my referrer to pass on my personal data to the Cardiac Exercise Club.

Signed Date .

**:**

Please email to Fiona at fionasg18@hotmail.com

Charity No: 1111416

Jan 2024